

Check if you have Coronavirus Symptoms - NHS Guidance

Do not go to places like a GP surgery, pharmacy or hospital if you think you might have coronavirus. Stay at home.

Use the 111 online coronavirus service if you have either:



1. A high temperature -
this means you feel hot to touch on your chest or back (you do not need to measure your temperature)



2. A new, continuous cough -
this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

These are the main symptoms of coronavirus.

The 111 online coronavirus service will ask about your symptoms and tell you what to do. Use the 111 online coronavirus service: <https://111.nhs.uk/covid-19/>

Only call 111 if you cannot get help online.

Staying at home if you have symptoms (self-isolation)

If your symptoms are mild, you'll usually be advised to not leave your home for at least 7 days.

Anyone you live with should not leave your home for 14 days.

This is called self-isolation.