

# COVID-19 Risk Assessment

Risk Assessment	Actions
<p>Generic Assessment for COVID-19/ Coronavirus</p>	<p><b>Training</b></p> <p>All staff should receive COVID-19 training and learn its symptoms, impact, duration and how it spreads. There should be up to date factual information available at all times.</p>
	<p><b>The Resident's Room</b></p> <p>Clean the room thoroughly before an individual's admission and frequently throughout their stay. Place a clear sign outside their room so others are aware of the situation, and ensure only authorised persons are allowed inside.</p>
	<p><b>Cleaning</b></p> <p>Follow NHS guidance for preventing infection and clean the room frequently and any objects that enter or leave, including clothing, laundry, furniture, crockery and cutlery. Items touched by the individual and clothing worn by staff must be placed in a bag and disposed of or washed each time.</p>
	<p><b>Personal Protective Equipment (PPE)</b></p> <p>PPE must be worn at all times when entering an individual's room, and full PPE must be worn when providing personal care. PPE must be bagged and disposed of safely after each use as like clinical waste.</p>
	<p><b>Visitors</b></p> <p>Visitors should only be allowed to enter the home in the most urgent of circumstances and should limit their interactions within the home.</p>
	<p><b>Rotas</b></p> <p>The staff rotas should be organised in such a way that as few different staff members as possible provide care for the infected person.</p>

Risk Assessment	Actions
Generic Assessment for COVID-19/ Coronavirus	<p><b>Meals</b></p> <p>Any food or drink should be delivered by staff wearing PPE, and the PPE should be bagged and disposed of after each use. Any cutlery or crockery used by an infected person should be washed separately from other implements in a dishwasher using the highest possible temperatures. The infected person should use only use the clean, separated items for their meals.</p>

## How to Approach the Resident

- Make it clear who you are when going into their room
- Explain what you need to do and reassure them if they become confused
- Make them feel comfortable if any questions arise over PPE
- Have oxygen available in case required
- Log care and medication as normal
- Delicately explain why they are being isolated and why they cannot see other people
- Keep them happy and comfortable by ensuring they receive a fresh flow of air and a view from a window, if possible

## What is the Risk?

Even though an individual may be discharged from hospital, they could still potentially infect anyone they come into contact with through a number of ways.

Any staff who catch COVID-19 must self-isolate to prevent infection, which reduces the support available across the care home/business. They may also infect others before symptoms start to show, if they are not asymptomatic.

If other residents then catch COVID-19, the effects could be fast and overwhelming, as most people who require care fall into the vulnerable category where the disease is most likely to be fatal.

## Who is at Risk?

Any staff, residents and visitors inside the care home/business.